



www.ottawafarmersmarket.ca

Phone 613-239-4955

May 11, 2008

Happy Mother's Day!

To help celebrate this very special day we will be giving the first 100 Mom's to arrive at the Market with child(ren) in tow a beautiful rose supplied by

Carleton Growers

Thank you to "Friends of the Market" Carol MacLeod, Cathy Black and Deirdre MacGuigan for handing out "flapjacks" last Sunday, and to Tina Bates for recruiting new volunteers for the Market. If you are interested in volunteering a few hours of your time over the season to help with events at the market please leave your name and contact information at the Info Booth - We would love to have you on board!

Official Market Opening Today

Say hello to your City Councillors and join us for a piece of cake around noon to celebrate the Market's opening for it's third fabulous season!

In keeping with a true producer-based Farmers' Market, produce will be arriving as it becomes available, in season, from the fields and greenhouses. Asparagus, scallions, salad mixes, greenhouse cucumbers and peppers are already starting to make an appearance. Also, enjoy the last of the tasty potatoes and apples that were stored in a cool environment for the winter.

Winners of Last Week's

Basket Draw

Ruth Mandoli

Jean Langlois

Diane McIntyre

Enter your name at the Information Booth for your chance to win a basket of goodies next week!

Carleton Growers Limited

Carleton Growers, the only operation in Eastern Ontario who grow and supply cut roses, started business in 1969. Fred and Darlene Hogg are 2nd generation growers who not only kept the rose business booming but enhanced it by adding many other flower varieties to the roses, and now offer specialty garden plants as well. Their business operates year-round on two acres, all under glass; as the seasons change, so do the variety of plants as well as flowers which are cut daily as they become ready. Darlene's father, Ron Bazinet, still works every day and her mother Julie helps out at flower holidays, their busiest times. The Hogg children, Katelyn (Ruggiero), Julie, Sandra and Ronald all pitch in at various times to get things done and help with the market days. This season they are introducing "Mammoth" garden mums, bred in Minnesota to withstand a -30° winter, hence making it a true perennial chrysanthemum. Visit Carleton Grower's booth

and choose from an abundance of beautiful stems to make up a bouquet for that someone special - you! They are also open year-round at 3320 Carp Road, Carp, Ont. where they welcome you to visit any time.

Did you know?

Carleton Growers introduced the rose "patio planter" to the marketplace; a unique way for even apartment dwellers to enjoy roses, featuring "Kajusaro", a red rose developed on their farm and named using the first two initials of the Hogg children's names.

Next week - Horticultural advice for growing great plants from the local experts.

Try this - place rinsed (pat dry) Asparagus spears on aluminum foil, grate sharp cheddar (or any other cheese) over top, seal tightly and bar-b-que for 10-15 minutes. Also, you can eat Asparagus raw with your favourite dip.